

JCRC CLASSES 2018

Mondays --- Classic Class 12-1PM
Creative Dance 5-6PM
Ballet 6-7PM
Turbo Kick 6:30-7:30PM

Tuesdays --- Senior Yoga 12-1PM
P90X 6-7PM
BAM 7-8PM

Wednesdays --- Classic Class 12-1PM
Youngster's Yoga 4-5PM
PiYo 6:30-7:30PM
Karate 6:30-8:30PM

Thursdays --- BAM 7-8PM

Fridays --- Classic Class 12-1PM

Saturdays --- PiYo 8-9AM
P90X 9-10AM
BAM 10-11AM