

Jefferson Senior Center  
11 East Jefferson Street  
Jefferson, Ohio 44047  
440-576-9052  
January 2018

Happy New Year everyone! Time flies by as we get older. I really should have listened to my parents when they told me to stop wanting to get older, because once it happens, it goes by so quickly.

I'd like to thank everyone for helping out at the Christmas Craft show this year. Lynn Vallance, Beverly Hegfield, Minnie Zerucha, Sandy Parsons, and Mary Bobby. I'd like to thank Brenda Rogers on making multiple crafts for the Christmas table this year, Millie Zasadinski, the quilting and knitting ladies for making items also to sell at the craft show.

The Christmas luncheon, sponsored by Worthington Cylinders, was huge this year. It was very nice to see so many people, and it is wonderful that they have sponsored this year after year. The Jefferson Show Choir did a wonderful job also and I appreciate them taking the time out for the seniors.

I want to thank a few businesses for sponsoring items at the New Years Party. Jefferson Healthcare, Geneva Village, Country Club Retirement Campus, and Diane Bates. I am grateful that every time I ask for help with something, they are always ready to step up and help in any way.

We are planning on having some entertainment throughout this year during lunch. You pay the \$2.00 to Community Action but we may ask you to also include an additional \$2 or so to help pay for the entertainment.

Sara Ketola has been working very hard on making winter hats for people in need. We will be making hats throughout this winter at the meal site while we relax, and watch some movies. I personally am not a knitter but Sara has a loom that makes it and says it is easy to do. If you are interested in joining us, please let me know. We all have different schedules and it is hard to plan specific days of the week and stick with it. If you want to join us in doing this,

1. Hat making at meal site on Mondays at 11:00 am  
1/8, 1/22, 1/29
2. Steak N Shake/Presque Isle/Krispy Kreme  
Friday January 5, 2018  
Cost is \$20  
Van leaves at 11:30 am
3. Kellie McGuinness RN from University Hospitals will speak about depression. Please call and sign up if attending. I will call you if it is cancelled due to weather  
Tuesday January 9, 2018  
Noon at the meal site
4. Peebles/Goodwill/Dollar Tree/ Don Tequila to eat/Marcs  
Thursday January 11, 2018  
Cost is \$6  
Van leaves at 10:00 am
5. Coffee and Canvas at HMPL  
Monday January 15, 2018  
Time is 6:00 pm. Please call the library directly to sign up for this event at 440-576-3761. If you would like more information on upcoming events at the Henderson Memorial Public Library please visit their website at [henderson.lib.oh.us](http://henderson.lib.oh.us)
6. Judy's Diner/Savvy Sister shopping boutique (Almost all jewelry is \$5)  
Tuesday January 16, 2018  
Cost is \$4  
Van leaves at 11:00 am
7. Bingo sponsored by Geneva Village  
Thursday January 18, 2018  
Noon at meal site
8. Lakeway restaurant/ Ashtabula Arts Center ( The Producers)  
Friday, January 19, 2018  
Cost is \$4  
Van leaves for dinner at 5:30 pm

January 2018

Classic Class Monday and Wednesday 12:00 am-1:00 pm/ Senior Yoga Tuesdays at 12:00 pm  
 Pinochle Mondays at 12:00 and Thursday at 6:00pm/Knitting Tuesdays at 1:00 pm  
 Quilting Thursday at 2:00 pm-4:00 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	8 Knitting Hats/Crafts 11:00 am eat lunch in between working	9 Kellie McGuiness RN from UH presentation on Depression Noon at meal site	10	11 Marcs/Peebles Dollar Tree/Don Tequila to eat Depart 10:00 am Cost \$6	12	13
7						
	15 Center is closed	16 Aunt Judy's Diner/Savvy Sister Design Depart 11:00 am Cost is \$4	17	18 Geneva Village Sponsoring Bingo at noon	19 Ash Arts Center "The Producers" Depart 5:30 pm Cost \$4	20
14						
	22 Knitting Hats/Crafts 11:00 am eat lunch in between working	23	24	25 Walmart/Label Shopper Applebee's Depart 10:00 am Cost \$4	26	27
21						
	29 Knitting Hats/Crafts 11:00 am eat lunch in between working	30	31			
28						

# COMMUNITY ACTION SENIOR NUTRITION PROGRAM

## January 2018



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1	 ALL SITES CLOSED	2 Meatballs Potatoes O'Brien Broccoli Mixed Fruit Hoagie Roll	3 Barbecue Hawaiian Chicken Green Beans Carrots Apple Sauce Fruit Bread Squate	4 Meatloaf w/ Gravy Mashed Potatoes Green Beans Fruit Crisp Italian Bread	5 Mac & Cheese Stewed Tomatoes Brussels Sprouts Pear
8	Cheese Ravioli w/ Tomato Sauce Veggie Blend Peas Bread Stick	9 Turkey Smoked Sausage Mixed Veggies Rice Pilaf Pineapple	10 Chef Salad Peas Breadstick	11 Italian Sausage w/ onions & pepper on Sub Buttered Cabbage Fruit & Raisins	12 Chicken Noodle Casserole Green Beans Fruit Crisp
15	 ALL SITES CLOSED	16 Oven-Fried Chicken Succotash Spinach Fruit Dinner Roll	17 Pot Roast w/ Gravy Red Skin Potatoes Green Beans Pear Garlic Bread	18 Baked Chicken w/ Gravy Mashed Potato Peas & Carrots Peaches Biscuit	19 Ham & Bean Soup Potato Salad Ambrosia Roll & Raisins
22	Hamburger with Bun Corn Roasted Cauliflower Juice	23 Turkey Cheese Sandwich Tomato Bisque Tomato & Cucumber Salad Mixed Fruit	24 Baked Ham CA Vege Medley Baked Beans Garden Salad Dinner Roll	25 Teriyaki Chicken Asian Blend Veggies Coleslaw Orange Juice Rice	26 Meatloaf W/ Gravy Mashed Potatoes Green Beans Fruit Crisp Italian Bread
29	Pulled Pork w/Bun Bean Quartet Brussel Sprouts Peaches	30 Chicken Caesar Salad Mixed Fruit SF Pudding Raisins	31 Penne Pasta with Meatballs CA Veggie Blend Mandarin Oranges		Menu Subject to Change Based on Availability of Products. Milk served each day.

## CALL TODAY TO MAKE YOUR

## RESERVATION

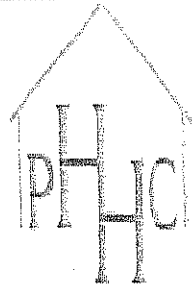
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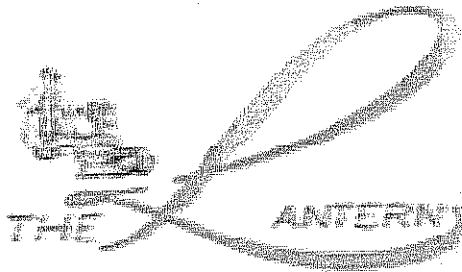


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