

Jefferson Senior Center
11 East Jefferson Street
Jefferson, Ohio 44047
440-576-9052
July 2018

Hello, everyone! I have tried to get the newsletter done early for July since I will be off work for one week. I hope you find things to attend that you will enjoy and I hope to see you soon.

I have found that a few people would like to go yard sailing and also to the movies. On Tuesdays, we can go for \$5.00 a movie. The problem is that we do not know ahead of time what is coming up by the time I send the newsletters out. If you are interested in going to the movies throughout the year, or yard sailing this summer, please call and leave your name and number, and I will add it to my list to call when something comes up or I know the movie we will be seeing. The ladies are waiting for me to call them with a date and time for the "Book Club" that is out but has not come to the Ashtabula Cinemas yet.

We are sad to announce that Vicki Giangola will no longer be teaching the senior yoga class after June. It is still on the on going events page in the back of this newsletter. It will be corrected next month and I do apologize. We are working on finding an instructor for this class, so please bear with us. Vicki has been teaching with us for years now and she will be missed. We wish her the best of luck in her new adventure.

University Hospitals will be having a Family Health and Safety Day on Saturday, July 14 from 9:00am-1:00pm. This event is located at the UH Ashtabula Health Center Ashtabula Towne Square, 3315 North Ridge Road East. They will offer free walk-up screenings for stroke risk assessment, breast cancer risk assessments, prostate screenings, balance and grip, bone density, blood glucose, cholesterol, spirometry, and high risk lung assessment. They also have four PRE-REGISTERED health screenings. Carotid, hearing, lower extremity vascular, and skin cancer. For more information, or to register call: 1-800-883-3674.

14th Annual "Early America Live". 1890 festival will be held July 14-15. Saturday from 10-5 and Sunday noon-5. 1890 becomes ALIVE as you enter the gates into the historic 19th century Jefferson Depot Village, 147 East Jefferson Street, Jefferson, Ohio. Costumed interpreters recreate the "period" as you peek into the past in more than a dozen 19th century buildings. Learn to make candles, baskets, pottery, metal artistry, spin and dye wool. Attend 1890 school classes, recess, herb garden tours, storytelling, tavern fun, mountain dulcimer concert by Bob Condon, Saturday at 1:00 pm. Jam session Fashion Show Saturday. Pastor arrives on horseback Saturday at 11:00 am, pump-organ concert, sing-a-long. The Dixieland Band Sunday at 2:00 pm. There will be contests, games, and food. They ask for a \$10 donation, kids under 10 enter for free. Call 614-507-5246 or 440-812-1100 for more information or visit www.jeffersondepotvillage.org or email duttonig@hotmail.com.

The knitting and crocheting group is always looking for more people to join. We have yarn here available at the senior center and the ladies are always willing to help people learn how to do it. They are

also working on the hats all year long to send over to the soldiers in the winter months. The knitters are here at the community center on Tuesdays from 1:00 pm-4:00 pm if you would like to join them.



Please be sure to sign up for any events you plan on attending at the center. At times, other stores may be added to trips when we take them. Consider this an added bonus and enjoy yourself. Events may be canceled due to weather, or lack of interest.

1. Ohio State University extension office will have the last three summer nutrition classes. The dates will be on Monday 7/2, 7/16 and 7/30. The class will be from 1-1:45 pm. Even if you have missed the past few classes it is ok to come. Tammy makes the class informational and fun at the same time buy playing games and winning prizes.
2. In observance of July 4th, everyone who brings a nonperishable food item to donate to our local food pantry, you will receive a cupcake made by me and a root beer float. Also, Austinburg Rehabilitation will sponsor bingo from 12:30-1:30
Thursday, July 5, 2018 during lunch hours

3. Aurora Farm Outlets (We will go out to eat lunch and possibly dinner).A list of the stores are Adidas, Aeropostle, Amanda May Beauty, American Eagle Outfitters, Banana Republic, Bass, Brooks Brothers, Calvin Klein, Carters, Chico's, Claire's, Clarks, Coach, Crocs, Famous Footwear, Gap, Hanesbrands, Harry and David, Kitchen Collection, Levi's, Michael Kors, Nautica, New Balance, Nike, Perfumania, Polo, Saks Fifth Avenue, Sketchers, The Cosmetics Company, North Face, Tommy Hilfiger, Under Armour, Van Heusen, Yankee Candle, and Zales.

Tuesday, July 10, 2018

Cost is \$15 and we leave at 10:30 am

4. The kiddos from Kids Only Daycare will be coming to perform a talent show for the seniors. I cannot wait for this, it will be so cute. They will be here on Thursday, July 12, 2018 at 12:30 pm.

5. Out to Dinner/Straw Hat Theatre "Joseph and the Amazing Technicolor Dreamcoat

Friday, July 13, 2018

Cost is \$4 and we leave for dinner at 5:30 pm

6. Concert on the lawn (Ashtabula Arts Center) to hear Broadway Nights

Wednesday, July 18, 2018

Cost is \$4 and we leave at 5:30 pm

7. West Side Market/Out to eat (Be sure to bring your bags or even a cart to roll around all of your items in.)

Friday, July 20, 2018

Cost is \$15 and we leave at 9:30 am

8. University Hospitals Kellie McGuiness "Friends and Family run through CPR". This is free to seniors and there family. YOU MUST CALL AND SIGN UP FOR THIS IF YOU OR A FAMILY MEMBER WANT TO ATTEND TO ENSURE ENOUGH EQUIPMENT
Monday, July 23, 2018 at noon
Please RSVP at 576-9052
9. Senior Day at the Erie Zoo. Admission is free ages 62 and up.
Wednesday, July 25, 2018
Cost for the van is \$12 and we leave at 10:00 am
10. SENIOR PROM FLYER IN NEWSLETTER. PLEASE PURCHASE YOUR TICKET ASAP. CALL AND LET ME KNOW IF YOU NEED THE VAN TO TAKE YOU IF YOU LIVE LOCALLY
11. Healing Mother Earth 10th Annual Powwow in Conneaut Ohio
Friday, July 27, 2018
Cost for the van is \$5 and we leave at 10:30 am to arrive early to look at the vendors. The dancing and drumming starts at noon.
The cost for seniors to enter is \$3/ adults \$5. Please bring a chair for you to sit on and relax.

Toni Tulajew
Senior Coordinator
Jefferson Senior Center



*Birthdays
of the Month*

Ellen Deutsch 7/2
Alice Tucker 7/4
Cheryl Offensend 7/4
Tony Tulajew 7/5
Sue Rankin 7/5
Leanne Fasuk 7/9
Debbie Myers 7/12
Alice Wortman 7/12
Gwen Hale 7/13
Jeanette Pietras 7/13
Kathy Rex 7/14
Beverly Hegfield 7/15
Marian Brockway 7/16

Ellen Gregg 7/16
Mary Hughart 7/20
Jean Luce 7/21
Fred Ebersole 7/23
Pat Schubert 7/24
Sue Rankin 7/25
Rose Ann Robinson 7/25
Fran Smith 7/28
Gladys Glover 7/30
Arty House 7/31
Charles Miller 7/31

THE
KITCHEN
IS THE HEART OF THE HOME

Pistachio Cake
By Myrna Bittner

1 yellow cake mix
3 large eggs
1 cup club soda
2 small boxes pistachio instant pudding
1/3 cup vegetable oil
1 3/4 cups finely chopped white pistachios or pecans
12 ounces of whipped topping

oven 350
bake 40-45 min

In a large bowl, combine cake mix, club soda, 1 box pudding, oil, and 1/2 cup nuts. Mix well, and pour into a greased and floured bundt or tube pan. Bake and invert onto a cooling rack.

Icing: mix whipped topping with remaining box of pudding and spread evenly over the cake. Sprinkle with remaining nuts.

July 2018

Classic Class Monday/ Wednesday/Friday 10:00-11:00 am
 Pinochle Mondays at 12:00 and Thursday at 6:30pm/Knitting Tuesdays at 1:00 pm
 Quilting Thursday at 2:00 pm-4:00 pm/Euchre Thursdays at 11:00 am

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Classic @ 10 am Pinochle @ 12:30 pm OSU nutrition class 1:00-1:45	3 Knitting @ 1 pm	4 Classic @ 10 am	5 SEE NEWSLETTERS FOR DETAILS ABOUT THIS DAY Bingo sponsored by Austinburg Rehab 12:30-1:30	6 Classic @ 10 am	7
8	9 Classic @ 10 am Pinochle @ 12:30 pm	10 Knitting @ 1 pm Aurora Farms Shopping Cost \$15 Depart @ 10:30 am	11 Classic @ 10 am Penny Bingo 12:30-1:30	12 Euchre @ 11 am Quilting @ 2pm Pinochle @ 6:30 pm Kids Only talent show @12:30.	13 Classic @ 10 am Dinner/Straw Hat Theatre Joseph and the Amazing Technicolor Dreamcoat Cost \$4 Depart @ 5:30 pm	14
15	16 Classic @ 10 am Pinochle @ 12:30 pm OSU nutrition class 1:00-1:45	17 Knitting @ 1 pm	18 Classic @ 10 am Concert in the park (Ash Arts Center) Broadway Night \$4/Depart @ 6pm Penny Bingo 12:30-1:30	19 Euchre @ 11 am Quilting @ 2pm Pinochle @ 6:30 pm	20 Classic @ 10 am West Side Market/Out to eat Cost \$ 15 Depart @ 9:30 am	21
22	23 Classic @ 10 am Pinochle @ 12:30 pm University Hospitals Friends and Family run through CPR @ noon	24 Knitting @ 1 pm Penny Bingo 12:30-1:30	25 Senior Day @ Erie Zoo/Free for seniors 62 and up Cost for van is \$12 Depart @ 10:00 am Classic @ 10 am	26 Euchre @ 11 am Quilting @ 2pm Pinochle @ 6:30 pm PROM SEE NEWSLETTER	27 Healing Mother of Earth Powwow in Conneaut Van cost \$5 Depart @ 10:30 Senior suggested donation of \$3 upon arrival Classic @ 10 am	28
29	30 Classic @ 10 am Pinochle @ 12:30 pm OSU nutrition class 1:00-1:45	31 Knitting @ 1 pm				