

Jefferson Senior Center  
11 East Jefferson Street  
Jefferson, Ohio 44047  
440-576-9052  
April 2018

Hello, seniors! First and foremost, I want to thank the seniors who helped at the spring craft show this year. Beverly Hegfield, Lynn Vallance, Minnie Zerucha, Judy Deitke, and Mary Bobby. I also want to thank Anna Drum for helping with collecting donations for the reverse raffle, and Judy Deitke, for helping with decorations. Thank you to the quilting ladies for the lottery ticket basket at the raffle and Iva Herman for the beautiful quilt you made. Thank you, ladies, for all of your hard work.

The knitting group has been making hats to send to the service men and women. They make them all year round and have a box almost ready to send. If you would like to help donate a few dollars to help them with the shipping, please contact Minnie Zerucha at 440-576-0225. These ladies have worked very hard to support the armed forces and the shipping will be a bit too much, so any little bit will help. I will also put a donation jar at the meal site to give to the knitters for the shipping.

Also, the garden club will hold its annual plant sale in May. They are looking for volunteers to help with set up and the unloading of the plants on Wednesday, May 9, 2018 from 10:30 am-4:00 pm. This is a lot of hard work and they need a few strong men to help with this. If you know someone that could help the ladies out for this event, please call Cayce Baxley at 440-576-1004. It would be greatly appreciated.



Please be sure to sign up for any events you plan on attending at the center. At times, other stores may be added to trips when we take them. Consider this an added bonus and enjoy yourself. Events may be cancelled due to weather, or lack of interest.

1. Easter treats at the meal site on Tuesday, April 3, 2018 after lunch at noon
2. Steak and Shake/Presque Isle/Krispy Kreme  
Friday, April 6, 2018  
Cost is \$20  
Van leaves at 11:30 am
3. Bingo with Steven from the Lantern of Saybrook  
Tuesday, April 10, 2018 at 12:30 pm
4. Kellie McGuinness RN from University Hospitals  
Discussing osteoporosis on Monday, April 16, 2018 at noon
5. Atech/Byler's Community Kitchen/out for lunch  
Tuesday, April 17, 2018  
Cost is \$2  
Van leaves at 8:30 am. We only have April and May available until the students are out of school.
6. Amy Blake from RSVP (Retired Senior Volunteer Program) will be here to discuss service opportunities in your community that match your skills and availability.  
Thursday, April 19, 2018 @ noon
7. Back by popular demand: Salvage Stores (B&K, N&R, Colebrook, Tower, Kurtz, and South Side)/Dutch Country Restaurant for lunch  
Saturday, April 21, 2018  
Cost is \$10  
Van leaves at 9:00 am

8. Silvia Jordan will talk to the seniors about helping with Operation Christmas Child. Silvia sends out almost 400 shoe boxes filled with supplies such as hygiene products, school supplies, etc. She would like to have the seniors help with prep work for these boxes and will be bringing some supplies this day if you would like to stay and help. This will be on Wednesday, April 25, 2018 at noon.
9. Back by popular demand Madison Marcs, Walmart, Dollar Tree, Goodwill, Catos, Shoe Department, and Pizza Roto to eat  
Thursday, April 26, 2018  
Cost is \$5  
Van leaves at 10:00 am
10. Best Friends Restaurant/Geneva Village for gardening tips (flyer in newsletter. Must RSVP)  
Friday April 27, 2018  
Cost is \$4  
Van leaves at 11:45 am



Upcoming trip May 23, 2018

Cost for the Arboretum is \$12.00 for a one hour highlight tour from  
1:00 pm-2:00 pm

We will be leaving at noon/Cost for the van is \$7.00

We will go to dinner afterwards along with stopping at a few stores to  
shop. If you are interested, please call Toni with your name and  
phone number



*Birthdays  
of the Month*

Beverly Wolley 4/1  
Brenda Rogers 4/2  
Dora Ferrito 4/5  
Pat Kanack 4/8  
June Dambeck 4/9  
Margaret Randa 4/10

Bev Anthony 4/13  
Fred Luce 4/13  
Janet Bennett 4/15  
Carol Morris 4/18  
Mary Bradbury 4/21  
Barbara Sherman 4/22

Dale Whiddon 4/24  
Deloris Pacheco 4/25  
Cathy Hall 4/28  
Janice Smith 4/28  
Ted Hutzell 4/28

THE  
KITCHEN  
IS THE HEART OF THE HOME

Yum Yum Cake by Eileen Narish

Ingredients:

1 bag mini marshmallows  
1 yellow cake mix (mix as directed)

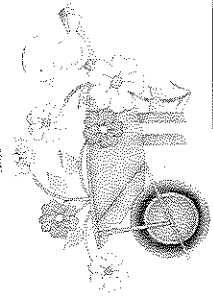
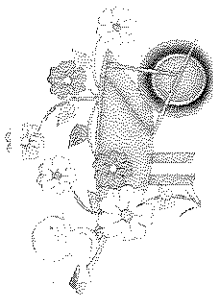
1 small box of cherry jello  
1 can cherry pie filling

Line 9x13 pan with marshmallows and pour the cake mix on top. Sprinkle the jello pack over cake mix and dollop the cherry filling on top of jello

Bake at 350 for 45 minutes  
Serve warm with cool whip  
(May substitute for other filling and jello flavors)

# COMMUNITY ACTION SENIOR NUTRITION PROGRAM

## April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheese Ravioli w/ Tomato Sauce Veggie Blend Pears Bread Stick	3 Turkey Smoked Sausage Mixed Veggies Rice Pilaf Pineapple	4 Chef Salad Pears Breadstick	5 Italian Sausage w/ onions & pepper on Sub Buttered Cabbage Fresh Fruit Raisins	6 Chicken Noodle Casserole Green Beans Fruit Crisp
9 Oven-Fried Chicken Succotash Spinach Fresh Fruit Dinner Roll	10 Pot Roast w/ Gravy Red Skin Potatoes Green Beans Pears Garlic Bread	11 Baked Chicken w/ Gravy Mashed Potato Peas & Carrots Peaches Biscuit	12 Stuffed Pepper Casserole Carrots Pears Bread Stick	13 Ham & Bean Soup Potato Salad Ambrosia Raisins Roll
16 Hamburger with Bun Green Beans Roasted Cauliflower Juice	17 Turkey Cheese Sandwich Tomato Bisque Tomato Cucumber Salad Mixed Fruit	18 Glazed Baked Ham CA Vegetable Melody Baked Beans Garden Salad Dinner Roll	19 Teriyaki Chicken Asian Blend Veggies Coleslaw Orange Juice Rice	20 Meatloaf W/ Gravy Mashed Potatoes Green Beans Fruit Crisp Italian Bread
23 Pulled Pork Bun Bean Quartet Brussel Sprouts Peaches	24 Chicken Caesar Salad Fresh Fruit SF Pudding Raisins	25 Penne Pasta with Meatballs CA Veggie Blend Mandarin Oranges	26 Sausage and Gravy Biscuit Home Fries Warm Berry Applesauce Juice	27 Roasted Turkey w/ Gravy Stuffing Whipped Sweet Potatoes Green Beans Mixed Fruit
30 Oven-Fried Chicken Succotash Spinach Fresh Fruit Dinner Roll				Menu Subject to Change Based on Availability of Products. Milk served each day.

### CALL TODAY TO MAKE YOUR

### RESERVATION

### 440-998-3244

April 2018

Classic Class Monday/ Wednesday/Friday 12:00 am-1:00 pm/ Senior Yoga Tuesdays at 12:00 pm  
 Pinochle Mondays at 12:00 and Thursday at 6:30pm/Knitting Tuesdays at 1:00 pm  
 Quilting Thursday at 2:00 pm-4:00 pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Classic @ 12pm Pinochle @ 12:30 pm	3 Senior Yoga @ 12 pm Knitting @ 1 pm Easter treats at noon	4 Classic @ 12pm	5 Quilting @ 2pm Pinochle @ 6:30 pm	6 Classic @ 12pm Steak and Shake/Presque Isle/Krispy Kreme Cost \$20 Depart @ 11:30 am	7
8	9 Classic @ 12pm Pinochle @ 12:30 pm	10 Senior Yoga @ 12 pm Knitting @ 1 pm Bingo sponsored by Lantern of Saybrook At 12:30 pm	11 Classic @ 12pm	12 Quilting @ 2pm Pinochle @ 6:30 pm	13 Classic @ 12pm	14
15	16 Classic @ 12pm Pinochle @ 12:30 pm Kellie from UH to discuss osteoporosis @ noon	17 Senior Yoga @ 12 pm Knitting @ 1 pm Atech/Bylers/lunch Cost \$2 Depart @ 8:30 am	18 Classic @ 12pm	19 Quilting @ 2pm Pinochle @ 6:30 pm Amy Blake from RSVP here @ noon See newsletter for more information	20 Classic @ 12pm	21 Salvage Store Shopping/Dutch Country Restaurant Cost is \$10 Depart @ 9 am
22	23 Classic @ 12pm Pinochle @ 12:30 pm	24 Senior Yoga @ 12 pm Knitting @ 1 pm	25 Classic @ 12pm Silvia Jordan for Operation Christmas Child @ noon. More info in newsletter	26 Quilting @ 2pm Pinochle @ 6:30 pm Madison Marcs/Goodwill/ Dollar Store/Catos/Pizza Roto. Cost \$5 Depart @ 10am	27 Classic @ 12pm Best Friends Restaurant/Geneva Village Flyer in newsletter	28
29	30 Classic @ 12pm Pinochle @ 12:30 pm					

# April Showers



# Bring May Flowers

It's time to get your Spring gardens ready!

Ideas, Tips and Inspiration presented by Master Gardener, Beth Baker

**Friday, April 27th • 1:00pm**

Geneva Village Dining Room - 1140 South Broadway, Geneva, OH 44041

Wear your favorite spring themed hat, prize given to the most creative!

Club & Seed swap • Door Prizes

Tea and Light Sandwiches will be provided

For more information or to RSVP, please contact Rose 440.812.2550

Hosted and Sponsored by



Geneva  
Village

Skilled Nursing  
& Rehabilitation

The  
SANCTUARY  
of Geneva  
AN ASSISTED LIVING LIFESTYLE

Henderson Memorial Public Library

54 E. Jefferson St. Jefferson, Ohio (440) 576-3761

April 30 \$10 adults \$5 kids  
6 pm



*Open to the first 45 people to register  
Admission fee due at time of registration*



## **ON GOING EVENTS AT THE JEFFERSON SENIOR CENTER**

### **Senior Van Pick Up**

The senior van runs Tues-Fri from 9:15-12:15 and picks up our local seniors in the village. We ask for a \$1-\$2 donation. If outside the village we ask for a \$3.00 donation. If you are disabled and not a senior, we can pick you up for medical purposes **ONLY**. These appointments must be within the village of Jefferson and the **cost is \$5.00**

**Community Action serves lunch at Jefferson Central Park Hall 104 East Jefferson Street.** Meals made fresh daily and served between 11:00-2:00

Please call 440-998-3244 for more information.

**Silver Senior Yoga Tuesdays @ NOON Cost is \$3.00 Chair based**

**Weight Room FREE to SENIORS for Jefferson Village Residents.**

Tues

& Thurs from 8am-11am. JCRC sponsors free access to the weight room for village seniors.

### **Friendship Closet**

We have items to lend out such as canes and shower chairs. If you are in need of an item or would like to donate an item please let us know.

### **Buckeye Card**

If you are over the age of 60 or under the age of 60 and have a disability and would like to apply, please call and make sure Toni is available.

### **Senior Cards and Bingo**

**Daily from 9am-1pm.** Fresh coffee, snacks, cards, and bingo **DAILY!! \$1 donation to the center.**

### **Knitting Club**

**Tuesdays from 1-4pm.** Just drop in with your knitting supplies. \$1 donation to the Center.

### **Quilting Club**

**Thursdays from 2-4pm.** Just drop in with your quilting supplies.. \$1 donation to the Center.

### **DIAL 211**

If you are in need of assistance with finding referrals, support groups, rent, or utilities, call 211.

### **Pinochle Game**

We play Mondays at 12:30 pm at the Jefferson meal site. Thursdays from 6:30-9:00 at JCRC

**Silver Sneakers Classic Exercise Class Instructor is Karen Roderick**  
Mondays/Wednesdays/Fridays

@ noon

Cost is free for Silver Sneakers members and \$1.00 for non Silver Sneakers members